



TEACHERS' TRAINING TO COMBAT GENDER-BASED VIOLENCE IN SPORTS



26 September, 2022

The TETRIS Project keeps moving forward!

The 1st in-person Transnational Project Meeting was organised by Symplexis in Athens, Greece

The Erasmus+ TETRIS project (TEachers' TRaining to combat Gender-based violence In Sports) aims at building the capacity and raise awareness among physical education teachers and youngsters themselves regarding the prevention and combatting of gender-based violence in the sports sector in Italy, Greece and Cyprus.

WHAT IS THE TETRIS PROJECT ABOUT?

The TETRIS project, that officially started in March 2022, aspires to raise awareness and enhance the knowledge of Physical Education (PE) teachers, PE higher education students, present and future coaches and young athletes about Gender-Based Violence (GBV). The project, implemented by partners in Italy, Greece and Cyprus, will achieve its goal through the following:

- Desk and field research resulting to the development of methodological guidelines, instruction and recommendations about the prevention of GBV in the sector of PE;
- The development of an online course on GBV in Physical Education, along with a manual with lesson plans, practical guidelines and tools for coaches and PE teachers in Primary and Secondary schools;
- The planning and organisation of seminars/webinars aiming at presenting the learning methodological framework and the TETRIS course to PE higher education students;
- The organisation of 2 info-days in Greece and Cyprus and 1 final conference in Italy.

THE CONSORTIUM

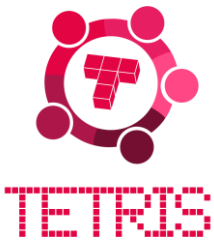
The **transnational character of the TETRIS project** adds significant value, since it focuses on developing a common solution for a complicated problem, affecting all countries represented in the consortium, that is coordinated by Link Campus University – Italy (<https://www.unilink.it>) and include the following partner organisations:

- SYDIC SYstem Dynamics Italian Chapter – Italy (<http://www.systemdynamics.it>)
- University of Thessaly – Greece (<https://www.uth.gr>)
- ReadLab – Greece (<http://www.read-lab.eu>)
- Symplexis – Greece (<https://symplexis.eu>)
- Frederick University – Cyprus (<http://www.frederick.ac.cy>)
- CSI – Center for Social Innovation – Cyprus (<http://www.csicy.com>)



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THE FIRST IN-PERSON TRANSNATIONAL TETRIS MEETING

The 1st Transnational Meeting of the TETRIS project was hosted by Symplexis in **Athens, Greece**, on **Tuesday, 20th September 2022**. All partners had the opportunity to meet each other in-person for the first time and discuss thoroughly the next steps of the project, ensuring a better shared understanding of the TETRIS goals, deliverables and workflow.

In more details, the meeting's agenda included presentations of each participating organisation, overview of the TETRIS workplan and detailed discussion on the current situation and next steps of the first two Project's Results: PR1 - Collection of good practices and recommendations & PR2 - Development of methodological guidelines and instructions about GBV prevention and combating in the physical education teaching sector.

Partners from Italy, Greece and Cyprus have already conducted desk and field research on the issue of Gender-Based Violence in sports and their National Reports are expected to be published on the project's website at end of November, along with a Transnational Report with promising practices and recommendations on the prevention GBV in the Physical Education sector. This report will also set the basis for the development of the TETRIS capacity building program (methodology guidelines and e-learning course) for prospective teachers of physical education and future coaches.

In addition, during the fruitful meeting there has been an overview of administrative and financial proceedings, presentation of dissemination and exploitation activities, as well as discussions about the quality management and evaluation activities. Until the next in-person transnational meeting, that is planned to take place in Cyprus in May 2023, the project partners will be in touch and coordinate their activities via online communication channels, taking all necessary actions to guarantee the success of the project.

Soon the updated **website** of the TETRIS project will be online (<https://sports-tetris.eu>), while news and updates are published on the project's **Facebook page** (@Tetris.Sports.Project) and Instagram account (@Tetris_sports), as well as on the **project partners' websites and social media accounts**.

There are a range of opportunities in each country for Physical Education teachers and PE higher education students, coaches, professionals in the fields of sports and GBV, young athletes, families and wider audience to get involved in the project.

For more information, please contact your in-country partners.

Partners



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